

COMMUNITY OF HOPE

COVID-19: Community Resources

Community of Hope has assembled this community resource guide to help the many people dealing with increased challenges due to the COVID-19 pandemic. This document addresses some of the priority issues facing the District community and highlights just a few of the many available community resources in the areas of food, financial help, health and emotional wellness, education, housing and eviction, transportation, and general COVID-19 resources.





HEALTH AND EMOTIONAL WELLNESS

- **Community of Hope Helpline**
 - Telehealth and medical appointments are being offered. Call the Community of Hope Helpline at 202.540.9857 or visit [here](#).
- **Community of Hope Behavioral Health**
 - The Community of Hope's Behavioral Health Team is meeting clients through telehealth portals (Zoom, FaceTime, or via phone). Visit [here](#) for more information.
- **National Suicide Prevention Lifeline**
 - The National Suicide Lifeline provides free and confidential support and resources for people facing emotional and mental distress 24 hours a day, 7 days a week at 1-800-273-8255. Visit [here](#) for more information.



COVID-19 INFORMATION

- **Center for Disease Control (CDC)**
 - Has up-to-date reports about COVID-19 cases across the United States. You can find the most updated information on the COVID-19 impact on Washington D.C. area [here](#).
 - Find a list of symptoms, [here](#).
- **COVID-19 Testing in the District**
 - Doctors decide on COVID-19 testing. If an individual is experiencing symptoms including cough, fever, and shortness of breath, they should consult their doctor immediately. Learn more about COVID-19 testing sites available in the District [here](#).
 - If you feel that you need to be tested for COVID-19, please visit this [website](#) to learn more about testing options in the Washington D.C. region.



EDUCATION

- **Office of the Student Advocate**
 - If you are experiencing issues with receiving educational materials or resources for your student or need advocacy support for a student with special needs, please call (202) 741-4642 for assistance.
- **DC Education Equity Fund**
 - Call your school leaders to get access to this information.
 - The DC Education Equity Fund provides digital devices and internet hot spots to vulnerable families. You can find more information about the fund [here](#).
- **Free Wifi Access**
 - If you need access to internet, XFINITY has hot spots available for [free](#) wifi access.



FINANCIAL HELP

- **Capital Area Asset Builders (CAAB)**
 - Capital One Bank launched the EmergencySavingsPlus program for residents of Wards 7 and 8. Residents will gain access to matched savings incentives, financial education classes, credit counseling, and one-on-one financial coaching sessions.
- **United States Bartender Guild National Charity Foundation**
 - If you or someone you know works as a bartender, barback, or server, you can apply for financial support through this fund [here](#).
- **Betancourt Macias Family Emergency Fund**
 - Financial support for undocumented individuals affected by COVID-19 can be acquired by filling out a quick survey or by calling (360) 524-3664. Funds are limited and based on donations.
- **Department of Energy & Environment (DOEE)**
 - Residents who are unable to make utility payments can apply for utility assistance online at [DOEE](#).



FOOD RESOURCES

- **Food Resource Map**
 - You can find a food resource map [here](#), which is updated every evening.
- **DC Health COVID-19 Hotline and Web Portal**
 - DC residents can request food and essential items be delivered to their homes if required to self-quarantine, or if they have no other means to acquire these items. Find more information [here](#) or call 1-888-349-8323.
- **Martha's Table**
 - Martha's Table is providing bagged groceries at the following locations and times:
Wednesdays at THEARC West, 1801 Mississippi Ave. SE. from 12:30-2:00pm , The Common's Market, 2375 Elvans Road SE & Maycroft Market, 1474 Columbia Road NW. For more information, visit their [website](#) or call (202) 808-8024.
- **DC WIC COVID-19 Expanded Food List**
 - DC WIC and USDA are working to ensure both new and current WIC families are able to receive their food benefits and additional services during the COVID-19 emergency. More information can be found [here](#).



HOUSING AND EVICTIONS

- **Suspended Evictions for Renters and Foreclosed Homeowners**
 - Since March 11th, Washington, DC has suspended evictions of all tenants and foreclosed homeowners during the state of emergency.
 - Lawmakers have suspended the filing of eviction complaints until [60 days](#) after the end of the state of emergency.
- **The Community Partnership**
 - Anyone experiencing homelessness can contact The Community Partnership at 202-399-7093 for support.
- **Office of the Tenant Advocate**
 - If you have concerns or questions, contact the Chief Tenant Advocate by completing this [form](#) for assistance.
- **DHS COVID-19**
 - If you or someone you know is a homeless resident who does not have a place to self-isolate, call the Hotline at 202-671-3076. Transportation can be arranged to take the patient to the isolation site.
- **Domestic violence shelters remain open for those in need of safe housing.**

To learn more about safe housing programs and services, contact:

 - D.C. Department of Human Services 24-hour shelter hotline at 202-399-7093.
 - District Alliance for Safe Housing (DASH) at 202-290-2356 ext. 101
 - D.C. Victims Hotline at 1-844-4HELPDC.



TRANSPORTATION

- **WMATA**
 - Starting Monday, April 6th, [Rail stations](#) will close at 9 p.m. and bus service will end at 11 p.m. Trains will run every 15-20 minutes. [Several stations](#) are closed. Fares are waived and travel should be for essential purposes only.
- **MetroAccess Subscription**
 - Services are cancelled until further notice. Customers with a critical need to travel should call 301-562-5360.